

EARTH BREAKING CEREMONY FOR HOSTEL BUILDINGS HELD AIR VICE MARSHAL KHALID MEHMOOD UNVEILS THE COMMEMORATIVE PLAQUE

August 8, 2023, FRPMC hosted the groundbreaking ceremony for the construction of the new boys and girls hostels at PAF Base Faisal, Karachi. A large number of Faculty and students attended the event. Air Officer Commanding, Air Vice Marshal Khalid Mehmood was the chief guest of the ceremony. Major General (Rtd) Professor Dr. Tahir Khadim, Dean Faculty of Health Sciences, Air University, Prof. Masood Ahmed Principal Fazaia Ruth Pfau Medical College and Air Cdre. Nawaz Janjua from AHQs were also present at the occasion.

The new hostels have been designed to provide secure and comfortable living for students on the college campus. The construction of the new hostel buildings will meet the growing demand for student accommodation at FRPMC and ensure their safety.



ANATOMY EDUCATION IS PIVOTAL FOR MEDICAL KNOWLEDGE BASE ~PROF. KRAMER

EXCELLENCE IN ANATOMICAL EDUCATION IS ULTIMATE GOAL OF ASP ~PROF. SUHAIL

Graceful Ceremony Held on World Anatomy Day 2023

The Anatomy faculties of the medical colleges of Karachi gathered at Fazaia Ruth Pfau Medical College (FRPMC) on October 14th at the occasion of World Anatomy Day 2023. The event focused on the future of anatomy education. Prof. Masood Ahmed, Principal FRPMC and Vice President of the Anatomical Society of Pakistan, welcomed the anatomy fraternity of Karachi at FRPMC. He invited the audience for all possible academic collaborations to bring excellence in medical and particularly anatomy education. Prof. Beverley Kramer, President, International Federation of Associations of Anatomists (IFAA), was the key note speaker at the event. She gave a thought provoking presentation on "Future Anatomy Education." She stressed anatomy fraternity to consider the inclusion of the cadaveric dissection as teaching tool for an experience of somatosensory learning in real time. She reaffirmed the significance of anatomy as a fundame-

ental subject in shaping the knowledge base of students. Prof. Kramer extended a warm invitation to all attendees to join the upcoming World Anatomy Congress 2023 being held in Korea.

Earlier, Prof. Suhail, President, Anatomical Society of Pakistan, briefly gave an overview of the Anatomical

Society of Pakistan. He extended his warm welcome to the audience and stressed upon the need of a collective platform dedicated to foster excellence in anatomy education.

The event was transmitted live on FB and attended by a large number of anatomists across the country.



SEMINAR ON MENTAL HEALTH HELD AT FRPMC

Prof. Masood Lauds the Mental Health Program of EDHI Foundation

Department of Psychiatry FRPMC organized a seminar on World Mental Health Day. Prof. Sohail Ahmed Chairman, Department of Psychiatry, FRPMC welcomed the audience. He presented the figures of global burden of mental illness, prevailing stigma and misconceptions about mental illness.



In her presentation, Dr. Kulsoom Lashari shared key information about the Edhi Foundation's approach for providing mental health support and its broader welfare initiatives. She highlighted the Edhi Foundation's recent expansion into mental health care and the essential services it provides. She also acknowledged the significant contributions of Faisal Edhi in improving mental health patients who are admitted at various Edhi centers and need long term care. The session concluded with a thank you note from



the Principal, FRPMC, Prof. Masood Ahmed. He lauded the efforts of Edhi foundation for organizing a comprehensive program to deal with mental health issues on a wider scale, especially for the segments of the society who cannot afford the costly medications and lifelong care and support. He further said Edhi foundation deserves much appreciation for its community service." He extended the services of FRPMC to Edhi foundation for the cause of human service.

WORLD SIGHT DAY REMINDS US TO HELP PREVENT AVOIDABLE BLINDNESS ~PROF. MASOOD

One Billion Globally Suffer Untreated or Preventable Visual Impairments ~Prof. Aurangzeb

On Friday 20th October, Fazaia Ruth Pfau Medical College celebrated World Sight Day by organizing a seminar on Eye Health at Ophthalmology Department PAF Hospital Faisal. The day, marked by a symbolic walk to raise awareness among people about essential eye care services.

on the importance of eye care for both employees and employers, particularly in professions where visual input is crucial, like pilots and controllers working for the Air Force.

She discussed the common risks and hazards that a flight officer might face and how they can maintain optimal vision and reduce the risk of eye-related issues during their job.

Prof. Aurangzeb, Chairman Department of Ophthalmology emphasized the profound impact of eye health on various aspects of life, including education, employment, and overall quality of life. He highlighted simple measures such as regular eye checkups, protective eyewear, and proper lighting that can help maintain eye health.



Dr. Huma, Assistant Professor at Ophthalmology Department focused

FRPMC FACULTY AND STUDENTS COMES TOGETHER TO PROMOTE HEART

October 9, 2023 – Cardiology Department organized a walk on World Heart Day. This year's slogan, 'Use Heart Know Heart' serves as a global call to prioritize heart health and promote awareness about the factors that sustain a healthy heart.



Faculty and students gathered to create awareness against heart problems. Participants made "heart-healthy pledges" to modify their lifestyles as a positive step toward taking precautions against heart disease.

FRPMC JOINS HANDS WITH DIRECTORATE GENERAL HEALTH SERVICE SINDH

Awareness Session and Screening of Hepatitis/HIV/AIDS Advocacy Held at FRPMC

Karachi, August 28, 2023 - In a collaborative effort aimed at improving public health and knowledge, Fazaia Ruth Pfau Medical College, partnered with the Communicable Disease Control HIV/AIDS Directorate General Health Service Sindh. The event featured an insightful awareness session and free screening for hepatitis and HIV/AIDS.

Addressing the audience, officials from Communicable Disease Control (CDC) center presented the current situation of the communicable diseases in the province. The presentation also covered the objectives of the CDC, the strategic design behind their initiatives, and provided valuable statistical insights. Attendees also received essential information on precautions to safeguard against these diseases.



Prof. Dr. Zahid Akhtar Rao, Director, Postgraduate training at FRPMC expressing his gratitude lauded the efforts of CDC's in promoting the cause of public health. He ensured the cooperation of FRPMC in all such endeavors. The activity continued in the camp set up on the college premises for free HIV screening.



DOCTORS AND ETHICS: AN INTERACTIVE SESSION HELD AT FRPMC

Medicine Department Leads Discussion

On October 11, 2023, the Department of Medicine FRPMC organized an interactive session focusing on "Doctors and Ethics". The session focused on the essential role of ethical codes and its conduct in medical practice. Dr. Fasiha Mazhar, Associate Professor & HOD of the Medicine Department at Ziauddin Medical University, was the guest speaker.

Prof. Dr. Saera Kidwai, chairperson Department of Medicine, FRPMC, welcomed the audience. She stressed upon the importance of having such sessions on regular basis.

The discussion revolved around finding ways to manage the challenges related to religious, cultural, and sectarian differences while delivering safe and ethical care to patients.



Prof. Rukhsana Sattar, Chairperson, of the Allied Medicine Departments expressed her gratitude to the attendees and presented a memento to guest speaker. She also lauded the efforts of Medicine Department for taking a lead in organizing such wonder full event. A large number of students, postgraduates, and faculty members attended the session.

INTERNATIONAL OPHTHALMOLOGY CONFERENCE HELD AT KARACHI

Dr. Quratulain, FRPMC Faculty, Presented Two Original Papers

September 1-3, 2023 - Fazaia Ruth Pfau Medical College's (FRPMC) made a notable presence at the 43rd Karophth 2023 International Eye Conference, hosted by the Ophthalmological Society of Pakistan at Karachi.

President CPSP, Prof. Khalid Masood Gondal was the chief guest of the occasion. FRPMC faculty presented two original research papers in the conference.



RESEARCH PAPERS PRESENTED BY FRPMC FACULTY

- 1- "Impact of Age and Sex on Corneal Endothelial Morphology and Central Corneal Thickness" by Dr. Quratulain
- 2- "Different approaches for Ptosis Correction" by Dr. Quratulain



Conference organizers presented Prof. Aurangzeb, Head of the Ophthalmology Department with a memento. A large number of the students also attended the conference.

TRAINING SESSION ON LAPAROSCOPIC PROCEDURES HELD AT SKILL LAB

On October 16, 2023, FRPMC's Skill Lab hosted a successful training session on laparoscopic surgery in collaboration with the department of surgery FRPMC.

During the training session participants had the opportunity to gain hands-on experience with laparoscopic procedures, furthering their expertise in this advanced surgical technique. The session was led by Dr. Aun Ali Khowja, Prof. of Surgery at FRPMC.



VICE CHANCELLOR AIR UNIVERSITY VISITED FRPMC

Air Marshal Javid Ahmed, HI (M) (RETD.), Vice Chancellor, Air University, Islamabad, visited FRPMC on October 5, 2023. During an informal interaction with the faculty, VC, emphasized upon team work and research culture in enhancing education quality, continuous development, and preparing for future challenges. He also stressed upon national and international institutional collaborations to bring diversity and quality in academics. Principal FRPMC, thanked Vice chancellor for sparing time from his busy schedule for his visit to college.



FRPMC MARKS INDEPENDENCE DAY WITH FERVOUR

76th Independence Day of Pakistan Celebrated with Zeal and Enthusiasm at FRPMC

Fazaia Ruth Pfau Medical College celebrated Pakistan's Independence Day in befitting manner. The college building was adorned with an abundance of flags and balloons, proudly displaying the green and white colors of the Pakistani flag. The faculty, students and all employees attended the event.

Earlier, the day dawned hoisting the Pakistani flag at FRPMC, students were also dressed in green and white clothing and proudly wore celebrating their identity. The celebrations commenced with the national anthem. Faculty and students joining their voices in singing national songs and cultural dance, showing their patriotism and gratitude for the day.



7TH ACADEMIC COUNCIL MEETING AT FAZAIA RUTH PFAU MEDICAL COLLEGE

Fazaia Ruth Pfau Medical College conducted its 7th Academic Council meeting on October 24th, 2023, chaired by Principal Prof. Masood Ahmed. The meeting's agenda covered important topics, including the final year teaching & assessment plan, 2024 academic calendar, preparations for new academic year activities and the proposed changes.

